

Schedule of Classes 2020

Class 1:	Our Why/ Illness/ Symptom Management versus Optimal Wellness/ Holistic Health/ Digestion	25 th March 2020
Class 2:	We are Spirit and Creator in a body	1 st April 2020
Class 3:	Why we choose to help others	8 th April 2020
Discussion Group 1	1. Coaching Practice – Review of Mandatory Homework 2. Guest Speakers: – Roos Van Monsjou “Healthy Cooking” – Maaïke Driessen “Kinesiology & Reprogramming”	15 th April 2020
Test 1:	<i>Test 1 Online Oral (2 dates this week!)</i>	22 nd April 2020
Class 4:	Weight Management	29 th April 2020
Class 5:	Wellness Coaching / Business / Entrepreneurship	6 th May 2020
Coaching Practice	<i>Practice Coaching Sessions (possibly 2 dates this week!)</i>	13 th May 2020
Class 6:	Altered Food/ Supplement Solutions	20 th May 2020
Discussion Group 2	1. Coaching Practice – Review of Mandatory Homework 2 2. Guest Speakers: – Debby van der Plas “Neuro-Feedback & Lifestyle Choices” – Lauree Sine “EFT & Coaching”	27 th May 2020
Test 2:	<i>Test 2 Online Oral (possibly 2 dates this week!)</i>	3 rd June 2020
Class 7:	History of Glycobiology/ Nutritional Glycobiology and Consciousness	17 th June 2020
Class 8:	Vibration and Energy healing/Glycans/ Cell Functioning and Communication	24 th June 2020
Class 9:	Digestion/Immunity	1 st July 2020
Class 10:	Circulation/ Endocrine/Fetal Development/ Fertility/ Pregnancy/ Post-Partum/ Brain	8 th July 2020
Discussion Group 3	1. Coaching Practice – Review of Mandatory Homework 2. Guest Speakers: – Claudia Lanson-de Boer “Women’s Health, Hormones and Digestive Health” – Lia Weijts & Yvonne Medd “Posture & Movement”	15 th July 2020
Test 3:	<i>Test 3 Online Oral (2 dates this week!)</i>	22 nd July 2020
Coaching Practice	<i>Coaching Practice Session (possibly 2 dates this week!)</i>	26 th August 2020
	Graduation	2 nd September 2020

We will accept ongoing admission through 15 April 2020.. Dates are subject to change. During the course we do not treat, mitigate or cure disease.