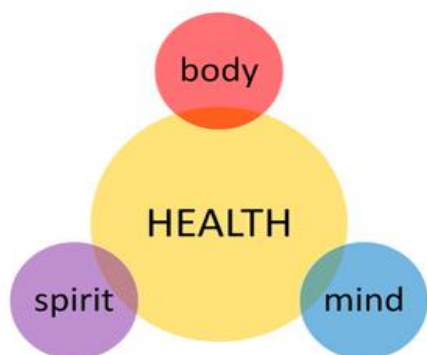


A Wellness Revolution presents

A Wellness Class -Science Matters

Come learn how you change your life and feel better on all levels Mind- Body and Spirit. Learn the true meaning of wellbeing!



The focus of this class:

To give you a viewpoint based on what Wellness really is. We explore the new sciences of Epigenetics and Glycobiology. We explain how understanding these new sciences directly effects our wellbeing. We look at **cellular health** based on a holistic view between body, mind and spirit.

To **allow** this information to further enhance your growth in consciousness, life coherence and overall balance.

Date: Thursday, May 9th2019
Time: 7:30 PM
Location: Stokebrand 476,
Zutphen
Tuition: € 15,00
Contact: liaweijs@gmail.com
Presenter Cathleen Beerkens

This educative class is presented by one or more facilitators of A Wellness Revolution. For more information check: www.awellnessrevolution.net